Activities Summary Poole Area

MONDAY

Pop-In Social Bingo - Parkstone

Memory Lane Group- Hamworthy

Sporting Memories - Hamworthy

TUESDAY

Musical Memories - Oakdale

Pop-In Bingo- Poole

Armchair Keep Fit - Hamworthy

Craft and Chat - Poole

WEDNESDAY

Pop-In Bingo - Oakdale

Knit & Natter - Parkstone

Memory Lane Group- Canford Heath

Carers Support Group - Upton

THURSDAY

Pop-In Bingo - Parkstone

Young at Heart Club - Upton

Share & Learn Computers - Hamworthy

FRIDAY

Memory Lane Group - Poole

Coffee Morning - Hamworthy

Museum Memories Group - Hamworthy

SATURDAY

Sporting Memories Group - Poole

For enquiries or to book a space for an activity, please contact Bridget Barrett, PramaLife Poole Manager on 07867 354578 or 01202 207310 or you can email at bridget.barrett@prama.uk.