



PramaLIFE
Age Friendly Communities

Host Group Phone Calls

PramaLife is co-ordinating Telephone Friendship Groups to give people the opportunity to 'meet and talk together', even if they can't do that face to face.

Groups are available on different topics and themes, we can even support a group that includes people who would normally meet together in person.



We are looking for Volunteer Hosts to manage the groups. The Host needs to have access to a PC or laptop, and the internet!

People who are requesting to be involved in the groups are missing conversations with a group of people, have a telephone, and would like to be included in regular 'telephone activity' with up to 6 other people.

If you think this would benefit your group or organisation, or would just like to volunteer independently, please contact us to talk about the minimal and simple training and endless support we are offering for this!

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*For more information
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